



KAISER PERMANENTE®
Baldwin Park Medical Center
Hand Hygiene Annual Competency

Name: _____
Title: _____
Employee Number: _____
Date: _____
Unit: _____



1. Please name the 5 moments when hand hygiene is to occur:
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
2. Hands are to be washed for _____ seconds with _____ & _____.
3. I can routinely decontaminate my hands with alcohol-based foam/gel as long as they are not visibly soiled, sticky, and up to 10-12 applications before washing with soap and water.
True or False
4. There is substantial evidence that supports _____ is the most important factor in preventing the spread of infections.

Please complete the statement below:

5. *ALWAYS* practice Hand Hygiene techniques in _____ of _____.